

Menu

Starters and Snacks

Soup of the Day 4.25

served with Homemade Brown Bread

Nachos 7.50

Crisp Tortilla Chips with
Tomato Salsa, Melted Cheddar,
Guacamole & Sour Cream

Bijou Chicken Wings 6.95

served with Louisiana Sauce,
Blue Cheese Dressing
& Celery Sticks

Mains

Vegetable Falafel Pitta 7.95

served with Aioli Dip & Side Salad

Lime-breaded Haddock 9.95

served with Pea Purée, Lime & Chive Dip,
served with Homemade Chips or Side Salad

A selection of panini
and gourmet sandwiches
is available from 12pm-6pm.
Please ask the waiting
staff for details.

Mains (continued)

IFI Burger (100% Organic Irish Beef)

Topped with

Chef's Sauce 8.15

Cheese 8.35

Cheese & Onion 9.15

Blue Cheese, Bacon & Tomato Relish 9.90

Guacamole, Melted Cheddar,

Crispy Pancetta & Tomato Relish 9.35

Roasted Peppers, Chilli Relish
& Melted Cheddar 8.35

BLT (Bacon, Lettuce & Tomato) 9.35

All served with our Homemade Chips

Chicken Burger (Free Range Irish Chicken)

Breast of Chicken marinated in Soya, Honey,

Ginger & Guinness topped with

Roasted Peppers, Chilli Relish

& Melted Cheddar 7.95

Melted Cheddar, Pancetta

& Tomato Relish 8.95

Cajun Chicken Breast

topped with Guacamole

& Tomato Relish 8.75

Nutty Vegetarian Burger 8.50

served with Side Salad or Homemade Chips

Mains (continued)

Homemade Lasagne **8.25**
served with Garlic Bread

Penne Pasta **6.95 medium 9.95 large**
served with Smoked & Fresh Salmon
in a Cream & White Wine Sauce

Penne Pasta **6.95 medium 8.95 large**
served with Mediterranean
Roasted Vegetables & Pesto

Omelette **9.95**
with choice of 3 toppings
(Ham, Bacon, Chicken, Onion,
Mushrooms, Olives, Peppers, Tuna)
topped with Cheddar Cheese
and served with Garlic Dip & Side Salad

Char-grilled Cajun Chicken **9.95**
served on a bed of Spinach Mash

Beef & Guinness Stew **9.95**
topped with Mashed Potato

Roast of the Day Roll **8.95**
served with Homemade Chips

Sides

Homemade Chips **2.75**

served with

Spicy or Garlic Mayonnaise **3.50**

Cheese & Onion or Cheese & Bacon **4.75**

Guacamole **4.75**

Side Salad **3.50**

Potato & Spinach Mash **3.50**

Salads

MEDIUM LARGE

Traditional Greek **6.95 9.95**

Cajun Chicken Caesar Salad **6.95 9.95**

Grilled Goat's Cheese **6.95 9.95**

Tomato, Mozzarella & Fresh Basil **6.95 9.95**

Children's choice

Our pasta dishes can be served as
half portions for children **5.00**

or

Please ask your server if you require
something from our main menu

Desserts

Please ask your server or check out our coffee
bar for a wonderful choice of desserts.

All of our produce is sourced locally.